



**BODY POSITIVE**  
AN HIV AND AIDS RESEARCH AND RESOURCE CENTER

1144 East McDowell Road

Suite 200

Phoenix, Arizona 85006

P 602.307.5330

F 602.307.5021

[www.phoenixbodypositive.org](http://www.phoenixbodypositive.org)



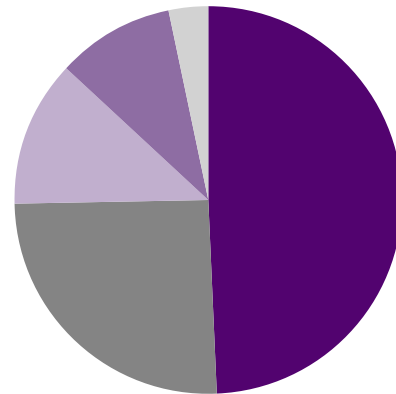
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A N N U A L R E P O R T 2 0 0 5



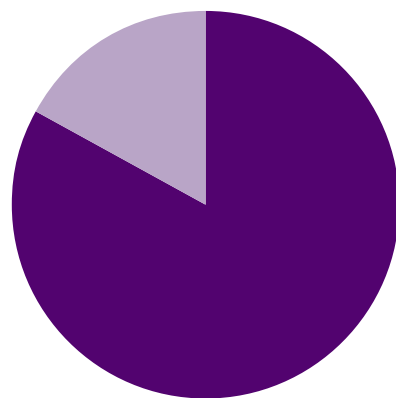


## 2005 REVENUE



- 49% Government Grants \$1,487,317
- 25% Fundraising \$767,424
- 12% Restricted Contributions \$368,948
- 10% Clinical Trials \$295,514
- 4% Vitamins & Herb Shop/Other \$96,503

## 2005 EXPENSES



- 83% Program Expenses \$2,461,821
- 17% Administration \$496,635

In the early 1990s, more often than not, when someone mentioned Body Positive, if it didn't create a quizzical look, it was followed by the question: "Is that a health club?" Ironically, Body Positive always has been about health. Today, the name Body Positive carries more than a decade of credible progress, meaningful impact and emotional strength for thousands of men, women and children in our community.

Our success, though, has always been, and remains tempered by one undeniable fact: AIDS still runs rampant across the globe and across our country. And it's still killing people.

According to UNAIDS estimates, half the people who become infected with HIV get the disease before they're 25 and die before they're 35. At the end of 2004, more than 37 million adults and 2.2 million children were living with HIV. Almost five million people became infected last year.

## A WORD FROM THE EXECUTIVE DIRECTOR

If the biggest challenge in our battle is creating awareness about HIV and AIDS across the demographic and cultural spectrums, here's a statistic that should stop you dead in your tracks. And it might: A report last year in The Arizona Republic pointed out that one-third of the 1 million Americans infected with HIV don't know they have the infection. That's 330,000 people. That's 330,000 who could become 660,000 overnight.

What are these unaware infected people doing tonight? What about tomorrow? What can we do today to find them, get them tested and into services for treatment?

Agencies like Body Positive are working as fast and efficiently as possible to reach out and educate the community about HIV and AIDS, how to prevent it, how to treat it and where to go for help if you get it.

But potentially severe funding cuts are making our efforts increasingly difficult.

Arizona could potentially lose \$8 million in Ryan White funding because the government is redirecting those dollars elsewhere. That means Body Positive will have to find a way to make up the \$500,000 we won't have for programs like wellness, behavioral health, education and prevention. We can't fight this critical public health emergency with bake sales.

Unfortunately, we've been lulled into a false sense of security about HIV and AIDS. People are hearing that AIDS drugs are saving lives. Young people believe if they get the disease, a pill will make it go away. Adults still hold on to the empty thought that it won't happen to them, even with statistics that show one in every 11 new cases of HIV is among people over 50.

They're not listening. There is no cure for AIDS.

Despite rumors otherwise, no one has been cured. And those drugs, as wonderful as they are in helping victims live longer, have side effects that are, at times, no different than chemotherapy for cancer.

But we can't stop now. In fact, it's more important than ever that we keep moving forward; that we continue to educate and offer services, support and treatment.

Events each year like World AIDS Day, community festivals and the countless fund-raising activities like Night for Life are not just about raising money. An equally important goal is to increase awareness, promote (HIV and sex) education and fight prejudice and stigma.

The news media also plays a critical role in reminding people that HIV has not gone away, and that there are many things still to be done. We have all the tools we need right now to stop HIV: education, abstinence, condoms and commitment. So what's stopping us?

Our success depends upon your involvement. HIV and AIDS don't care how old you are, what color you are, where you live or who you love.

Am I trying to scare you into action? Yes. Will I? That's up to you.

Sincerely,

Brian Helander, Executive Director, RN, MHSA

## To Our Community:

From Clinical Trials to Wellness and Behavioral Health, Body Positive continues building a local and national reputation as a leading-edge agency setting a standard of care and rapid response in identifying needs in the HIV community.

At the same time that Body Positive expands the numbers of those we serve, we are broadening the base of those who support us, both financially and as volunteers. We can't do what we do in the community without that support.

## A WORD FROM THE CHAIRMAN

In 2005, almost 25 percent of the revenue that went into unrestricted operating expenses came from fundraising campaigns. That percentage is up from 2004 and will continue to rise as the funding landscape continues to change.

Last year, Body Positive lost nearly \$500,000 when Ryan White funding ran out. And, even though there has been talk of rebuilding that fund, the message is very clear: we can't rely on traditional sources of funding forever because they may not be there.

In fact, we have to assume they won't be. So, we must be strategic in our approach to fundraising and creative in its application on a day-to-day or annual basis.

If you've been to Night for Life, Positive Energy or last year's inaugural Kids for Life concert with Grammy Award winning singer/composer Tom Chapin, you have experienced just how creative -- and fun -- we have been. That won't change.

Nor will our focus on controlling expenses through effective and cost-efficient operations under the leadership of Executive Director Brian Helander.

Eighty-three cents of every dollar we receive goes directly into programs and services. We're extremely proud of that fact.

One other fact that won't change: losing sight of the people we serve. The men, women and children infected and affected by HIV and AIDS, and those at risk of joining them, are the reason this organization exists and the motivation for everything we do. And those faces are becoming more diverse by ethnicity, orientation and the social health concerns affecting them.

As you read through this annual report, you will get a very clear understanding of just how diverse Body Positive is -- and has to be -- in providing support, offering hope and expanding our reach to those in the community who need our help and engaging those whose help we need.

*We are sincerely grateful for your ongoing support,*



Jack Black, Chairman, Body Positive Board of Directors

## 2005 Meeting Schedule

### Board of Directors Meeting Dates

February 22

April 26

June 28

August 22

October 24

December 12

## Body Positive Advisory Council

Melissa Leonasio  
*Chair O Premium Waters*

Martin Katz  
*Chair Stegall, Katz & Whitaker*

Gary Abeyta  
*GP Publishing*

Ray Artigue  
*Phoenix Suns*

Robert Ashcraft  
*Center for Nonprofit Leadership & Management*

Bobby Barnes  
*Legacy Home Mortgage*

Kirk Baxter

Lisa Bellis

Robert Black

Rich Boals  
*Blue Cross Blue Shield of Arizona*

Jeff Brodin  
*Arizona Public Service*

Maria Brunner  
*Insight Mgt.*

Alaina Chabrier  
*Schaller Anderson*

Ken Chevront  
*Chevront's*

Dan Coleman  
*John C. Lincoln Health Network*

Scott Coles  
*Mortgages, Ltd.*

Ursula Gebert  
*Chiaroscuro Gallery*

Mike Gorman  
*Gorman Industries*

Bridget Hay

Don Henninger  
*The Business Journal*

Dave Howell  
*Wells Fargo*

Lydia Lee  
*Bank One Corporation*

Frank Leonasio  
*O Premium Waters*

George MacDonald

Eddie Matney  
*Eddie Matney's*

Betty McRae

Dr. Andy Myers  
*Body Positive*

Alfredo Molina  
*Molina Fine Jewelers*

Lawrence Moore

Linda Pelberg

Dr. John Post  
*McDowell Healthcare Clinic*

Donna Rose  
*IBM*

Anne Ruddy  
*World at Work*

Robin Sewell

Dan Shapiro  
*Daniel I. Shapiro MD*

Range Shaw  
*America West Airlines*

Nancy Silver  
*The Paper Place*

Gary Smethers, MD  
*Blue Cross Blue Shield of Arizona*

Richard Stahl

Karen Thorn

Dr. Jonathan Weisbuch Retired

Riva Yares  
*Riva Yares Gallery*

Shelli Yares-Poulos

## Body Positive Foundation Board of Directors

Garrett Devine, Chair

Jeff Brodin

Ken Kilday

Michelle Matiski

Kelli Smith

Brett Tudor

### Board of Directors

Jack Black, Chair  
*OWP&P*

Paul Bruno  
*CMI Resources*

Brian Cooney  
*C.H.E. Development L.L.C.*

Mark Dillon  
*Sacks Tierney PA*

Linda Elliott Lane  
*Elliott Properties*

Scott Fey, Retired

Betty Fisher  
*Honeywell International*

John Fleckenstein  
*American Express*

Jessica Folinis  
*Arizona Registrar of Contractors*

Kimberly Grouse  
*Snell & Wilmer*

Stephanie Heymann  
*Community Volunteer*

Mark Howard  
*Lucky Dog - A Creative Group*

Brigitte Jordan-Mincks  
*U of A College of Medicine - Phoenix*

George MacDonald  
*Trimac Investments LLC*

Michael Mallace  
*Sierra H Broadcasting*

Pamela Mason  
*LabCorp*

Marc Reid  
*Steven Paul Salon*

Frank Ryan  
*LabCorp*

David Smith  
*International Printing*

Kelli Smith  
*Catholic Healthcare West*

Steven Sykes  
*Caremark*

Mary Temm  
*Temm & Associates, Inc.*

Brett Tudor  
*Financial Consultant*

Tambra Williams  
*City of Phoenix Police Department*

John Winter,  
*Retired*

### Emeritus Directors

Bob Baily

Kirk Baxter

Ed Helms

Richard Merrifield

### 2005 Staff

#### Executive Director

Brian Helander, RN, MHSA

#### Associate Executive Director

Michelle Barker, MC

#### Finance Director

Venkatram Muppurala

#### Development Director

Debbie Rubenstrunk

#### Program Director

Cindy Vargo

#### Front Office Team

Violet Arroyo Women's Outreach Specialist

#### RN Education Coordinator

Ronnie Berger

#### Front Office Team Volunteer

Andre Boulanger

#### Family Camp Director

Barbara Brados

#### LMSW Therapist

Cora Bruno

#### LAC Therapist

Ruth Carter

#### CCRP Clinical Research Coordinator

Barbara Casimir, RN

#### Prevention Specialist

Niko DeHerrera

#### CCRP Clinical Research Coordinator

Gilda de la Garza

#### MA Therapist

JR Evans

#### Women's Outreach Specialist

Jacque Fields

#### Outreach and Youth Specialist

Ruben Grace

#### NMD Naturopathic Physician

Mark Green

#### Development Manager

Tracy Hatch

#### MSW Outreach/Prevention Coordinator

Scott Haverstock

#### Volunteer Programs Coordinator

Jen Hawkins

#### Front Office Team

Bob Hegyi

#### RD Dietitian

Pam Karlberg,

#### Outreach Specialist

David Kitchen

#### Clinical Trials Volunteer

Don Kline

#### NMD Naturopathic Physician

Jamie Kupperman

#### Office/Accounting Coordinator

Mark Lindbergh

#### PhD Clinical Director, Behavioral Health

David Maselli

#### Vitamin & Herb Shop/Front Office Team Member

Chris McLaws

#### Front Office/Billing Coordinator

Julie Meza

#### Front Office Associate

Genevieve Mueller

#### Medical Director, Clinical Trials

Andy Myers, MD

#### Naturopathic Medical Director

Tim Peace, NMD

#### Prevention Specialist

Garry Robinson

#### Prevention Specialist

Richard Robinson

#### Prevention Specialist

Marge Samson

#### Prevention Specialist

Mikel Sigman

#### Regulatory Data Manager

Chanti Smith

#### Front Office Associate

Jay Smith

#### RD Dietitian

Susan Tighe

#### RD Dietitian

Marie Tymrak

#### NMD Naturopathic Physician

Sue Williams

#### Front Office Team

Sam Worthington



Marc Shuman & Greg Morehead  
Sidley, Inc  
Janet Siegal  
Michael Siegel  
Sara Silver  
Silvio Portrait Design  
Robert Simkins  
Cynthia Simpkins  
Thomas Simplot  
Tom Simplot  
Garrison Singer  
Six Flags Magic Mountain  
Virginia Skinner  
Brent Sloten  
Erin Smthers  
Heather Smith  
Kelli Smith & Steven Wolsiffer  
Michael Smithers  
Alexis Smith-Schallenger  
Jerry Smithson  
Michael Snitz  
Patricia & Tom Snyder  
Paula Solomon  
James Sorgatz  
Soroptimist International of  
Phoenix, Inc.  
South Scottsdale Chiropractic  
Southwest Airlines  
Southwest Skating Partners, LLC  
Scott Sowell  
Brian Spicker  
Patrice Spindler  
Bill Spinelli  
Richard Stagg  
Lou Stanley & Eric Faulhaber  
Starbucks  
Steamers  
Kathy Steele  
Dr. Gale Steinhauser  
Kathleen Stevens  
Marvin Stevens  
Larry Stewart  
Thomas & Vera Lynn Stewart Lutz  
Chuck Stiffler  
Mark Stiffler  
Studio 360  
Geoffrey & Dee Dee Sturr  
Murray Sullivan & Michael  
DeRoche  
Arlene Summers  
Sunday Bumps Interior Design  
Nancy Susott  
Bob Sutton, Jr. & Robert LeBerg  
Thomas Synhorst  
Taglio

Taliesin West  
Anthony Tamer  
Tammie Coe Cakes  
Tanya Nails  
Tatum Point Animal Hospital  
Alan Taylor & Jim Welch  
Dorothy Teichgraeber  
Terrace Floral Design Group  
Terra-Rosa  
Terry Terell  
Textures Gallery and Studio LLC  
Jonathan Thatcher & Jeremy  
Vasquez  
The Bamboo Club  
The Body Wrap & Co.  
The Conservatory  
The Flower Shoppe  
The Linen Tree  
The McRae Agency  
The McRae Foundation  
The Melting Pot  
The O'Connor Group  
The Welcomed Guest  
Theater League  
Barron Thomas  
Robert Thomas  
David & Brenda Thomson  
James Tiedmann  
Ryan Tobin  
Corrine Tomlinson  
Robert Torrance  
Bill Travis  
John Travolta  
Drew Trees  
Triangle United Way  
Roni Tropper  
Thom Tschatter  
Tucchetti Restaurant  
Dr. Roselyn Turner  
Doug Tyler  
Marie Tymrak  
Ultimate Gymnastics  
United Pet Care  
United Way of Greater  
Los Angeles  
United Way of Metropolitan  
Chicago  
United Way of Pinal County  
Harvey Unti & Gregg Edelman  
James Utter  
Valle Luna Mexican Food &  
Cantina  
Vals Vintage  
Ann & Tom Van Slyck  
Cindy Vargo & Abby Maestas

Tasha Vatisstas  
Sam Vause  
Robert Ventura  
D. Vess  
Amy Videan  
Jennifer Vieyra  
Richard Vincent & John Winkler  
Frank Voorvaart & T. Leary  
Robin Voss  
Gayle Wall  
Victoria Wallace  
Wal-Mart Foundation  
Nathan Walsh  
Robyn Washington  
Charles Wasson  
Mary Wastchak  
Gary Weiner  
Harriet Weinger  
Dr. Jonathan Weisbuch &  
Dr. Mary Ellen Bradshaw  
James Welch  
Westworld Paintball Adventures  
Phillip & Ann Whitaker  
Sharon White  
White House Interiors & Flowers  
George Whitehead & Bobby  
Shifflett  
Patricia Whitehead  
Larry Whitesell  
Sarah Whitmore  
David Reed Wilcox  
Jeffrey Wilde  
Wilde Meyer Gallery  
Dr. Lloyd Williams  
Dr. Sue Williams  
Tambra Williams  
William J. Williams  
Willie & Pearl Willisams  
Carol Williams, F.N.P.  
Susanna Williamson  
Tina Williamson  
Ira Willoughby  
Gary & Betty Ann Wilson  
Mary Wilson  
Mary Wilson & Don Wilson  
John Winter & Jesse Carpenter  
Rebecca Winterscheidt  
Wise Woman Herbals  
Lisa Witherow  
Van Wolf  
Bill Wolfson & Andy Dubrovich  
World Reach, Inc.  
Pam Worrell  
Samuel Worthington  
Kimberly Wright, Ph.D. & David

Rosoff  
Xanterra Parks & Resorts  
Shelli and Alex Poulos  
Tracy Yarga  
Joel Ybarra  
Pat Yulga  
Sonya Zetlan  
Julie Zeuch  
Ken Zielinsky & Jim Reese  
Todd Zillweger & Tim Harris

**Names for whom gifts were made in honor in 2005**

Bernard Abrahams  
Tomas Cortez  
Fred Dougherty  
Martin Katz  
George MacDonald  
Scott Mertens

**Names for whom gifts were made in memory in 2005**

Agnes  
John Paul Allen  
Mark Allen  
John Bircumshaw, Jr.  
Laura Burdick  
Don DeRoches  
Keith Feller  
Keith Feller  
Andy Grouse  
John Hunter  
Ken LeFavre  
Mimi Lyon  
Michael Mastrapasqua  
Greg Nicksic  
Kimo Parrish  
Jeff Patterson  
John A. Ragazzo  
Casey Sakir  
Robert K. Stump  
Mark Sullivan

The fight against HIV takes place on many battle grounds from pharmaceutical laboratories to clinical trials at Body Positive to the streets, classrooms and gathering places of those most at-risk.

On the medical side, the achievements reflected in how we treat the disease have enhanced and increased both the quality and the length of lives for so many of those we love.

Outside the clinical settings, those on the frontlines of the war use words rather than test tubes and logic in place of emotion to provide a foundation of education and awareness.

During fiscal year 2005-06, Body Positive expanded its reach into both the straight and gay community with critical messages of prevention, education, sexual health and empowerment for men and women.

**AMONG THE 2005 ACCOMPLISHMENTS IN CLIENT SERVICES:**

**Positive Peer Prevention**

More than 1,600 teens across the Valley from 13-18 years of age participated in the P3 Program designed to educate and promote awareness about HIV/AIDS and Sexually Transmitted Infections (STI) prevention. The interactive training increased real knowledge of HIV and other STI prevention. In addition, 40 teens completed 20-hour mentor training in counseling and prevention skills to educate their peers through one-on-one and group presentations.

**Man 2 Man Sexual Health Seminars**

In 2005, Body Positive offered 11 sexual-health seminars, an innovative approach to long-term HIV prevention developed by the University of Minnesota, to men in Maricopa and Pinal counties. Body Positive is the only AIDS Service Organization (ASO) in the country permitted to deliver this nationally known seminar, which takes a holistic approach to help participants learn more about their sexuality, review and identify underlying risk behaviors and develop a healthier approach to understanding and living out their sexuality.

During a comprehensive two-day (16 hour) seminar, group members experience a program designed to increase self-awareness, motivate them to increase cognitive and behavioral change, increase knowledge and promote individual health.

**Prevention Case Management**

Prevention Case Management (PCM) is a relatively new client-centered HIV prevention activity for HIV-positive clients 40 years and older. PCM promotes the adoption and maintenance of HIV risk-reduction behaviors by clients with multiple, complex problems and risk-reduction needs. PCM is a highly individualized and intensive HIV risk-reduction strategy.

**FUSION**

The FUSION program, based on a nationally recognized HIV prevention intervention concept, mobilizes young gay and bisexual men to shape a healthy community for themselves, build positive social connections and support their friends to have safer sex. Over 400 young gay and bisexual men, from 18 to 29 years, participated in FUSION (Mpowerment) program activities.

### Targeted Outreach

Body Positive received a contract in October 2005 for the Ryan White Title I Targeted Outreach to Men Who Have Sex With Men. This service identifies individuals who are HIV positive and do not know their status, or are HIV positive and have dropped out of services to link them with Primary Medical Care. Ensuring that individuals receive adequate medical care helps support their health and reduces their risk of transmitting HIV.

### Women's Empowerment Project

In 2005, women's services were funded primarily through TRENDS and Valley of the Sun United Way, allowed Body Positive to provide specialized outreach, prevention, education and other services to 1,300 women at risk of contracting HIV or living with the disease in Maricopa County. Working together, women and Body Positive staff members identified risks, gained education, provided counseling and testing if needed, built social networks and helped women to live longer and healthier with HIV/AIDS.

Women now comprise approximately 13 percent of those individuals living with HIV/AIDS in Central Arizona.

### Statewide Retreat for Women Living with HIV

Body Positive facilitated the first-ever statewide Retreat for Arizona Women Living with HIV in November 2005. Nearly 30 agencies and organizations from throughout Arizona developed an educational program to help women build social networks and become better educated about their disease and the resources available to support them in their fight to live longer and healthier.

### Educational Events

Over 400 individuals attended educational dinners, conferences and classes that educated people living with HIV, community members and those affected by the disease about how to live longer and healthier with HIV through new treatment methodologies, medications and research.

### Camp Incredible

Body Positive hosted its first Family Camp in 2005 in the mountains near Prescott. Families that might never otherwise have been able to take a vacation together hiked, sang, participated in arts and crafts projects, laughed and experienced a week where the HIV/AIDS stigma did not exist.

## WELLNESS AND BEHAVIORAL HEALTH

When we say that every day brings hope to another person with HIV, we have the numbers to back that up: During 2005, 365 new clients -- one for every day of the year -- entered service at Body Positive. By the end of the year, 1323 HIV-positive clients received service at Body Positive, more than half between 25 and 44 years of age and over one-third between 46 and 64.

### Clinical Trials Program

Under the guidance of Medical Director Dr. Andy Myers, the Clinical Trials Program, considered a national model for excellence and efficiency, started 20 new trials during 2005. The 41 total trials managed at Body Positive involved 152 clients, 46 of whom were part of the new trials.

The most notable studies include a new class of drugs called Integrase Inhibitor and CCR5 Antagonists.

Jennifer & Eddie Matney  
Sandra Matteucci  
Richard Matthews  
Dani & Rob Mattisinko  
Robert Mattison  
MaxMara  
Robert Mayfield  
Todd McCandless & Brian  
Kissinger  
Jody McCaughey  
Barbara McCormack  
Lisa & Eddie McCoy  
Tony McCutcheon  
Clay McDermaid  
Catherine McDonald  
Mary Lou McDonald  
Anne & Dale McKeeman  
Peter & Golnaz McKellar  
Jack Mckendree  
Donna Mckenna  
Trent McLaughlin  
Chris McLaws  
Shirley McLevain  
Lorinda McMullen  
Neal McNabb  
Betty McRae & Hamilton  
McRae III  
Lexie McVey  
Melinda Vail, Inc.  
Guy Melton  
Roger Mendez  
Francisco Mendoza  
Stacey Mentlick  
Barbara Merz  
Mia Dunmire  
Michael Smith  
Elizabeth Michaels  
Susan Michelson  
Karen Mikus  
Abbie Milisci  
Christian Miller  
Curtis Miller  
Francesca Miller & Mark  
Freedman  
Jessica Miller  
Robert Miller  
Victoria Miller Cage  
Brad Millington  
Carol Mills  
Dale Mindak  
Deborah Mislove  
Paul Mittman  
Stephen Mizell  
Rose Mofford  
Alfredo & Lisa Molina  
Melinda Montoya  
Eric Moore  
Timothy & Kristi Riding Moore  
Kevin Moran

Raymond & Janet Moreci  
Kirk Morganegg  
Jason Morris  
Movies on Central  
Ricardo Muniz  
Ram Muppirlala  
Dianne Murphy  
Frank Murphy  
Francis & Sallie Najafi  
Richard Nantus & Dean Seidel  
Steve Napolean  
Erik Nashawaty  
Nancy Nashban  
Kevin Naughton  
Pam Naumann  
Bettina  
Randall Nelson  
Terry Newbury  
Next To Nature  
Sharon Niblock  
Brent Nichols  
Mario Nigrovic  
Steven Nissenbaum  
Raymond Nixon  
John Nock  
Pat Noonan  
Nordic Naturals  
northeastsouthwest  
Doris Norton  
Marna Novack  
Novellino  
Daniel Nunez  
Dan O'Connor & Sherman Rainge  
Stephen O'Dell  
Antonio Ogas  
Holly Ogden  
Chad Olberding & Chrystal  
Remmenga  
Amy & Stephen O'Meara  
Herbert Ong  
Organ Stop Pizza  
Yvonne Ortega  
Our Gang Bowling League  
Tim Outland  
Tami Pahl  
Hsin Pai  
Michael Paletta  
Michael Palladino  
Carol Panaro-Smith  
Paradise Valley School of Karate  
Dr. Ian Parker  
Larry Parks  
Ronald Passarelli  
Thomas & Barbara Payne  
Blaine Peacock  
Pearson & Company  
Pegasus Solutions  
Michelle Pelberg  
William Petersen

Scott Peterson  
David Phelan  
Phoenix City Grille  
Phoenix Coyotes  
Phoenix Downtown YMCA  
Phoenix Fire Department  
Phoenix Symphony  
Phoenix Theatre  
Physicians Skin Institute  
Ping Wei Asian Healing Arts  
Pinnacle West Capital Corp  
Pizza Kitchen Inc.  
Jody Pokorski  
Seth Pollack  
Steven Pollock & Jeff Kiser  
Greg Polzin  
Ralph & Kathie Ponce de Leon  
Cathlene Porco  
Brent Porter  
Lynn Porter  
Dr. John Post  
Pro-'M' Systems  
Charles Pulaski  
Pure Fitness  
Jeffrey Quatrone  
Janet Queen  
Qwest Communications  
Jennifer Rabin  
Tommy Ragan  
Mark Randall  
Alison Rapping  
Robert Rasa & Anthony Casian  
Rawhide  
Dr. William Redenius  
Rita Redmond  
Joyce Reed  
Joe Reid  
Russell Reserva  
Richard Day Research, Inc.  
Dave Richards  
Natalie Richards  
Ken Richardson  
Aleda Richter-West  
Simone Rigaud-Hill  
Erin Riordan  
Randy Rios  
Daniel Ripley  
Gail Rittenhouse  
Tim Roberts & Ellery Davidson  
Tom Roberts  
Robina Apparel & Accessories  
Jim Rockwell  
Richard Rodney  
Eileen Rogers & Camille Rankin  
Louise Roman  
Morten Roness & Michele  
Stanisch  
Roscoe's on 7th  
Donna Rose

Kim Rose  
Steven Rose  
David Rosenbaum  
Sanford Roth  
Betsy Roudi  
Sherry Roueche  
Michael Rousculp  
Nicholas Routson  
Kerri & Darin Rowe  
Russ Rowlands & Jim Rohrer  
Royal Palms Resort & Spa  
Joseph Ruhl  
Curtis & Rhonda Russell  
Dr. David Ryder & Dr. Norman  
Rychlik  
Loretta Saban  
Sachi Salon  
Al & Fran Sachs  
Safeway  
Daniel & Jodi Sager  
Lois & Mitch Salmon  
Salon Estique  
San Francisco Zoological Society  
Sergio Sanchez  
Donald Santander  
Ronald Sargent  
Vera Sarzoza  
Mac Sasaeian  
Karen Scates  
Tracy Schacht  
Ruth Schaefer  
Steve & Mary Schafler  
Carol Schatt  
Michelle Schechner  
Steven Scholz  
Jane Schroeder  
Mark Schuster & Paul DeGeorge  
Brenda Schwartz  
Deborah Scott  
Scott & Debbie Jarson  
Scottsdale Fashion Square  
Scottsdale Museum of  
Contemporary Art  
Sedona Earth  
Michael Segal  
Steve Serino  
Jeff Sess  
Fran Shabrin  
Will Shade  
Sally Shaffer  
Shanti's Second Chance  
Laurie Shapiro  
Sharon & Paul Fannin  
Ted Shaver  
Colin Sheffield  
Sheraton Wild Horse Pass  
Michael Sherry  
Todd Sherry  
Angela Shreves

Marni Gerber  
 Martha German  
 Scott German  
 Jean Gibbs  
 Martha Gibbs  
 Dwight Giese & Jim Gipson  
 Gilliams Center for Creative Design  
 Neil Giuliano  
 Givegladly, Inc.  
 Carol Glick  
 Marie Godley  
 Lenette Golding  
 Anne Golestani  
 John Gomez  
 Alfonso Gonzales & Dan Courson  
 Audrey Goodrich  
 Bill & Leslie Goodwin  
 Douglas & Carla Goodyear  
 Richard Gordon  
 Dr. Bradley & Barbra Gordon  
 Eric Gorseger  
 Mark Gove  
 Peter Gratiot  
 Greater Twin Cities United Way  
 Marvin Green  
 Robert Green & Bill Lieber  
 Karen Greenberg  
 Greenwells Interior Design  
 Barbara & Paul Grim  
 Andrew & Arlene Grouse  
 Kerry Grunwald  
 Michael Gugisberg  
 Eric Gustafson  
 Francisco Gutierrez  
 Russ Haan & Michael Oleskow  
 Randy Haden  
 Robert Hadley  
 Diane Hagen & Cathy Johnson  
 Hale Security Pet Door  
 Greg Hales  
 Carrie Hall  
 Bradley & Kelly Halvorsen  
 Judy Hambrick  
 Lee & Nancy Hanley  
 James Hanson  
 Terrence Hanson  
 Francine Hardaway  
 Blaine Hardin  
 Athia Hardt  
 Kevin Haren  
 Sam Harlan  
 Galen Hasenpflug  
 Tracy Hatch  
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 Karen Kane  
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 Raymond Kemp & Richard  
 Douglas  
 Ross Kerievsky  
 Jennifer Kessler  
 Robert Key  
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 Andrew & Nancy Kirby  
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 Carey Laufer  
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 Jeremy Marks  
 Byron Marlow  
 Richard Marmon  
 Lucy Marshall  
 Thomas Martin  
 Suzanne Martinson  
 Franchon Marton  
 Karen & Kraig Marton  
 Dr. David Maselli  
 Pamela Mason  
 CJ Mason-Motz  
 Evelyn & Ray Mastrapasqua  
 Mastro's Steakhouse

### Behavioral Health

The Body Positive Behavioral Health Outpatient Clinic, which received formal licensing in 2004, served 510 HIV-positive clients in 2005 and conducted 3,753 individual or support group sessions. Among new programs were support groups for caregivers and for men diagnosed 10 or more years ago.

As a result of the increases, the Behavioral Health staff increased to three full-time, two part-time and two interns.

### Wellness

The Kirk Baxter Wellness Center, named for Body Positive's founder and first executive director, provided nutrition and naturopathic services to 1,012 clients. At the same time, the Vitamin and Herb Shop distributed \$381,000 worth of vitamins, minerals, herbs and caloric supplements.

More than 90 percent of clients participating in the nutrition supplementation program maintained or increased their weight. Quality of life indicators for alternative and complementary medical services show that two-thirds of Body Positive clients report their health is better than a year ago because of the services they receive and 85 percent of clients rate their health as good to excellent.

## GRANT FUNDING

As a non-profit agency, Body Positive is the beneficiary of generous funding from grant-making organizations and foundations. During 2005, Body Positive received grants totaling more than \$408,000 from 14 organizations, The largest grants were \$190,853 from the Valley of the Sun United Way for respite, direct client support, prevention and education; and \$150,000 over two years from the Nina Mason Pulliam Charitable Trust for direct client services including family support services, youth prevention programs, respite care, nutrition, wellness, education, the Women's Health Empowerment Project, childcare, education/risk reduction classes, support groups and peer counseling.

The Women's Health Empowerment Project also received support from the TRENDS Charitable Fund (\$26,000), the Tempe Community Council (\$2,000) and the Steve Miller Foundation (\$1,000).

The Teen Prevention Program was supported by grants from American Express (\$10,000), Scottsdale Cares (\$5,000), Chandler Youth Enhancement (\$5,000), Boeing Employee Community Fund (\$2,900) and the Arizona Diamondbacks (\$2,500).

Camp Incredible, a respite weekend for families infected and affected by HIV, was supported by grants from Mortgages Ltd. at (\$10,000), Phoenix Suns Charities (\$5,000) and "The Cause" Worldwide Outreach (\$2,000).

Positive Pals, a program that matches HIV-positive individuals with volunteers in the community to help with household chores, shopping and to provide companionship, received a grant of \$10,000 from MAC AIDS Fund. Celebrate Life 2005, a recognition program for supporters of Body Positive, received a \$2,000 grant from Dental Net.

## FUND RAISING

Body Positive kept the "fun" in fund raising with another year of unique events that included the first Kids for Life Benefit Concert featuring Grammy winner Tom Chapin.

**The 10th annual Night for Life** in May attracted a record crowd of 1100 people and raised more than \$700,000 for Body Positive programs and services. The evening's honorees included Bob Baily and Jeff Stinebiser (Outstanding Philanthropists), APS (Corporate Leadership), Martin Katz (Outstanding Achievement), Bobby Barnes (Lifetime Achievement) and Brian Spicker (Community Champion).

Lawrence Zarian, The Fashion Guy, made a return appearance to emcee the event, which featured singer/songwriter Wynonna Judd, who wowed the crowd with a standing-ovation performance. Frank and Melissa Leonesio were the Honorary Chairs for the evening and co-chairs were Christi Warner Beyer, Robert Black and Marc Reid.

In August, three-time Grammy nominee Taylor Dayne, American Idol icon Kimberley Locke and nationally renowned disc jockey David Harness brought their collective talents to the Scottsdale Center for the Arts for the third annual **Positive Energy** Benefit Concert. Mark Howard of Lucky Dog, A Creative Group and J. David Smith, of Wells Fargo Bank, co-chaired.

In March, Chairman Jack Black directed the third **Tour for Life: An Exquisite Home Tour** through six dramatically different homes reflecting architectural styles from Italian to contemporary Santa Fe to Spanish European in Arcadia, Echo Canyon, Scottsdale and Paradise Valley. The tour, which is growing in popularity each year because of the diverse location and design of the homes, raises funds for Body Positive programs and services.

In June, the third annual **Celebrate Life Awards** recognized 84 organizations, businesses and individuals for volunteer efforts and financial contributions that have touched the lives of hundreds of HIV and AIDS infected and affected individuals in the community.

Three-time Grammy Award winner Chapin performed at the first annual **Kids For Life**, a very special benefit concert for children and their families at Phoenix Theatre. Chapin, a contemporary folk and pop recording artist with 11 albums for kids from 4 to 11 years, also performed for an inner-city elementary school the day before the public concert in September. The event was chaired by Melissa Leonesio and Karen Thom.

**Celebrate Life Awards** are divided into categories, each named after a different current or former board member or an individual involved in the formation of Body Positive.

*Photos from top to bottom: Wynonna Judd; Sheri Stottlemeyre and Stephanie Heymann; Tom Chapin; Board Chair Jack Black with members of the Nina Mason Pulliam Charitable Trust; Robert Black, Wynonna, Christi Warner Beyer and Marc Reid; Marc Howard, Taylor Dayne, David Harness, Kimberley Locke and J. David Smith; Mark Dillon, Wil Bowen, Ron Linde and Linda Elliott.*

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Rita Buchanan  
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Buffalo Exchange  
Build-A-Bear Workshop  
Jon Burdick  
Tom Burns  
John Bushey  
Eddie Cable  
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Patrick Campbell  
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Castles -n- Coasters  
Katherine Cecala  
Ash Chabra, M.D.  
Alaina & Louis Chabrier  
Hal & Donna Chafin  
Donald Chambers  
Tom Chambers  
Peter Channel  
Susan & Steven Charney  
John Cheang  
Sue Chelgren  
Chocolate Star Bakery  
Chompies Restaurant & Bakery  
Cully & Jane Christensen  
Tony & Joanna Christensen  
James Christian  
Robert & Martha Christiansen  
Robert Christopher  
Matt Cichowski  
Camille Cisek & Joni Mitchell  
Cities West Publishing  
Norman Clark  
Melinda Clausen  
Joe & Carrie Clees  
Travis Clemens  
John Clifford  
Club Chameleon  
Paula Clunk  
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James Colletti & Daniel Burrell  
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Doug Dolsen  
Manuel Dominguez  
Don & Charlies Restaurant  
Justine Doorn-McCormack  
Douglas Family Dentistry  
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Shawn Dralle & Stephen  
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Steven Fay  
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Related Services  
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#### Baily Award

Baily Award (for a community organization, school, college or university that has significantly participated in the delivery of Body Positive programs): Bert Jacobs, Tempe, Arizona PTA, Phoenix; Suns Diamondbacks Academy, Phoenix.

#### Baxter Award

Baxter Award (for an individual who has provided on-going meaningful and needed contributions to increase Body Positive's visibility for three or more years): Andre Boulanger, Phoenix; Bill Dickerson, Phoenix; Andrew Dubrovich, Phoenix; Lucky Dog Creative, Phoenix; Tim McBride, Phoenix; Riva Yares, Scottsdale.

#### AWARD WINNERS WERE :

#### Brodin Award

Brodin Award (for an individual who has provided outstanding service by expanding business and community support to Body Positive): Robert Black, Scottsdale; Marc Reid, Scottsdale; Christi Warner-Beyer, Scottsdale; Virginia Worfolk, Scottsdale.

#### Hegyi Award

Hegyi Award (for an individual who has provided on-going meaningful contributions to increase the visibility of Body Positive for seven or more years): Don Kine, Phoenix; Betty Matlick, Mesa.

#### Helms Award

Helms Award (for a group, organization or business that offers service or non-monetary support to Body Positive): GP Publishing, Phoenix; United HR, Phoenix; Club Chameleon, Phoenix; Forsmo Design, Phoenix; Stephen and Ursula Gebert, Paradise Valley; Rebecca Guarino, Phoenix; Lambda Car Club, Phoenix; Safeway, Tempe; Phurfest, Phoenix; Desert Botanical Garden, Phoenix; Steven Paul Salon, Scottsdale.

#### Katz Award

Katz Award (for an individual who has contributed outstanding and dedicated service within the past year to benefit the entire agency): Mario Armijo, Phoenix; Ellery Davidson, Phoenix; Kim Grouse, Scottsdale; Maggie Harvey, Phoenix; Bill Lykins, Scottsdale; Laura Major, Surprise; Francesca Miller, Scottsdale; Tim Roberts, Phoenix; Nancy Silver, Scottsdale; Tom Simplot, Phoenix; Charles Stuart, Scottsdale; Bobby Talley, Glendale; Tandra Williams, Phoenix.

#### Matiski Award

Matiski Award (for an individual who has made a significant contribution to a specific program or department for two or more years): George Abrams, Phoenix; Jeff Audet, Phoenix; Troy Bankord, Phoenix; Jennifer Davison, Scottsdale; James Gold, Phoenix; Todd Green, Phoenix; Scott Griswold, Phoenix; Rich Hunter, Phoenix; Chris McLaws, Phoenix; David Miller, Scottsdale; Liz Miller, Queen Creek; John Pajerski, Paradise Valley; Mary Schaffler, Fountain Hills; Joe Wolff, Scottsdale.

### McBride Award

McBride Award (for an individual who has made a significant contribution to a specific program or department): Rick Benoit, Phoenix; Lexie Bohnert, Scottsdale; John Dixon, Mesa; Karen Greenberg, Scottsdale; Mark Lindbergh, Chandler; Leslie McCarver, Phoenix; Michael Saavedra, Phoenix; Roberto Peart, Phoenix; Greg Shrader, Phoenix; Tim Swift, Tempe;

Jolene Buscher, Phoenix; Nina Ulloa, Phoenix; Katie West, Phoenix; Annalise Giberson, Scottsdale; Beverly Highland, Scottsdale; Ryan Odgers, Tempe; Harold Graf, Phoenix; Eddie Mesa, Phoenix; Russ Coplen, Phoenix; Cheryl Naumann, Arizona Humane Society, Phoenix; Tacy Pastor, Arizona Humane Society, Phoenix.

### Paloma Award

Paloma Award (for an individual who has provided financial leadership to the agency as a whole): Stephen and Amy O'Meara, Scottsdale.

### Spicker Award

Spicker Award (for a service organization, government entity, foundation or business that has provided financial support for Body Positive programs leading to an expansion in scope and quality of programs): Boeing Employee Community Fund, Mesa; Mercedes & Frank Maiz, Phoenix; Rolfs, Scottsdale; Scottsdale Cares, Scottsdale.

### Outstanding Intern Award

Outstanding Intern Award (for a Body Positive intern who has gone above and beyond what was expected for their internship): JR Evans, Phoenix.

### Casey Sakir Outstanding Committee Member Award

Casey Sakir Outstanding Committee Member Award (for an individual who has provided outstanding ongoing commitment to major Body Positive fund-raising events.): Stephanie Heymann, Scottsdale.

### Randy Rothfus Outstanding Volunteer Award

Randy Rothfus Outstanding Volunteer Award (for an individual who has provided outstanding, continuous support and service embodying the spirit of Body Positive): Eric Moore, Phoenix.

### John Bircumshaw Community Leadership Award

John Bircumshaw Community Leadership Award (for an individual who has provided ongoing, meaningful and needed contributions to increase awareness and visibility of Body Positive): Maria Brunner, Scottsdale.

### Caeser Perez Lifetime Achievement Award

Caeser Perez Lifetime Achievement Award (for an individual who has provided ongoing, meaningful and needed contributions that have increased the awareness and visibility of Body Positive): Ron Linde, Phoenix.

## 2005 DONORS

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A Paladin is a heroic champion; a strong supporter or defender of a cause. Body Positive's Paladin Society is comprised of supporters who champion the fight against HIV through a significant one-time annual gift

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Silversea Cruises, Ltd.  
Southwest Ambulance  
Steven Sykes & Robert Mattison  
Valley of the Sun United Way

### Friend for Life

Gary Abeyta & Paul Bruno  
Joanie Anderson  
Arizona Republic Charities  
Batea, LLC  
Casino Arizona  
CBIZ - Miller Wagner Business Services, Inc.  
Dr. Joseph Ceimo & Winthrop Thomas Von Hapsburg  
Herman Chanen  
Chiaroscuro  
Cox Communications  
Richard Fischer  
Michael Gorman & James Fay  
Hensley & Co  
I.G.R.A.  
Joseph Schubach Jewelers  
Martin Katz & Andy Szetela  
Dr. Dan Klinski  
James Kottke & Curt Larson  
Laboratory Corporation of America  
Maslonka & Associates  
MillerMullany, LLC  
James Nutter  
Osborn Maledon, P.A.  
Pederson Group, Inc.  
RedLine by J.W. Harris  
RSP Architects, LTD

Sunshine Rubenstrunk  
Rustic Stuff  
Snell & Wilmer  
Sonora Quest Laboratories  
Southwest Oncology & Hematology P.C.  
United HR, Inc.  
Paul & Christi Warner Beyer  
David & Sharon Weiss  
Who International Design  
Wiseman & Gale Interior

### Advocate for Life

531 Partnership  
George Abrams and Michael Saavedra  
Alphagraphics  
American Plan Services  
Joe Anderson & Mary Dewane  
James Angel  
Apothecary Shop of Phoenix II  
Gerald Appell  
Arizona Diamondbacks  
Mario Armijo & Patrick Alford  
Ascot Travel by Appointment  
Marco Balzano & Scott Sarisky  
Troy Bankord, TMBankord  
Banner Health Foundation  
Ronald & Teri Barnet  
Fritz Beesemyer  
Lisa & Peter Bellis  
Robert Bowles  
Jeff Brodin  
Fred Brownfield & Maxine Kesten  
Leslie Bruni  
Larry Bryason  
Paul & Jauil Buff  
Joe Bushong & Chad Christian  
Camelback Inn  
Celebrity Fight Night Foundation  
Chandler Unified School District # 80  
City of Phoenix  
City of Tempe  
Claudia Murphy Consulting, Inc.  
Joel & Libby Cohen  
Mike Cowley  
David E. Adler Antiques & Rugs  
Stephen & Dee DeTommaso  
Sherry & Don Dew  
Bill Dickerson  
Donna Summer Enterprises  
Colter Dorman  
Douglas Healthcare Group, LLC  
Duley Jones Gallery  
Linda Elliott & Carolyn Lane  
Employees Community Fund Of Boeing Mesa